

# Women and Family Related Services – Adoption Services

## Books, Videos and Audio Resources

### I. Baby-focused

**Age Appropriate Play, Volume 1—The First 12 Months**

**DVD**

Parents and caregivers will learn what social, language and motor milestones babies reach during the first year of life and how to play in a way that supports these achievements with age appropriate and easy to implement games, toys & activities.

**Age Appropriate Play, Volume 2—12-24 Months**

**DVD**

Parents and caregivers will learn what social, language and motor milestones babies reach during the 2nd year of life and how to play in a way that supports these achievements with age appropriate and easy to implement games, toys & activities.

**Age Appropriate Play, Volume 3—2 and 3 Year Olds**

**DVD**

Parents and caregivers will learn what social, language and motor milestones babies 2 & 3 year olds will be reaching and how to play in a way that supports these achievements with age appropriate and easy to implement games, toys & activities.

**First Year Milestones Volume 1—Birth to 6 Months**

**DVD**

Physical, emotional and linguistic milestones, and corresponding brain development and safety information. Includes month by month progression of 8 babies reaching many milestones at their own pace, but following the same pattern.

**First Year Milestones Volume 2—7-12 Months**

**DVD**

Physical, emotional and linguistic milestones, and corresponding brain development and safety information. Includes month by month progression of 8 babies reaching many milestones at their own pace, but following the same pattern.

**Stops Crying Guaranteed, Heartbeat Music Therapy Volume 1**

**CD**

Baby go to sleep series. Music to help your child sleep (Newborn to six years)

**Stops Crying Guaranteed, Heartbeat Music Therapy Volume 1**

**Cassette**

Baby go to sleep series. Music to help your child sleep (Newborn to six years)

**Live from the Womb: Baby Steps**

**DVD**

Amazing 4-D ultrasound imagery features preborn babies, 8 weeks to 34 weeks. 16 stages of pre-birth development.

**The BabyCare Home Video**

**VHS**

Reassuring step by step instructions for new parents

**Infant & Toddler Emergency First Aid, Volume 11: Illnesses**

**DVD**

(English/Spanish)

What to do when in case of fever, poisoning, seizures, dehydration, croup, choking and more.

**Safety starts at Home The Essential Childproofing Guide**

**DVD**

Childproofing techniques and injury prevention strategies

**Sleep Like A Baby**

**VHS**

What every parent needs to know about babies and sleep